

A Touch of His

Grace™

St Luke's
ELDERCARE

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CHIEF OPERATING OFFICER ANNIVERSARY MESSAGE

Dear Brothers and Sisters in Christ,

2019 marks our 20th year of service to the elders in the community. We have grown from 4 Senior Care Centres in 1999 to 22 today. In May 2020, we will open our maiden Nursing Home with a Senior Care Centre; another milestone in our journey of care. It is indeed through God's Grace that we have come this far and have achieved so much!

We would like to acknowledge and thank you for faithfully ministering to the elders in our care. Your partnerships through your befriending, engagement activities, celebrations, outings to church services and financial support have touched many lives. It has also enabled us to enrich the lives of those we care for physically, emotionally and spiritually.

This Christmas, as we remember God's gift of Jesus to us, we look forward to continuing this journey with you to impact many more lives for God's Kingdom and His glory.

On behalf of the Board of Directors, Management and staff of St Luke's ElderCare, I wish you and your loved ones a Blessed Christmas and a Joyous New Year!

Yours sincerely,
Dr Lester Leong
Chief Operating Officer



IMPACTING THE COMMUNITY — CHURCH OF SINGAPORE

Since 2000, St Luke's ElderCare (SLEC) has partnered Church of Singapore (COS) and her services arm, Tung Ling Community Services (TLCS), to engage our elders in a variety of activities such as exercises, sing-along sessions, festive celebrations and outings.

This partnership has grown over the years beginning with SLEC Hougang in 2000, followed by SLEC Tampines in 2003 and SLEC Marine Parade Centre in 2018.

The collaboration has also enabled us to engage members of the congregation during their Sunday services, raising awareness of and garnering support for our work.

On Sunday, 24 November, we were invited to speak at their English and Bilingual services, reaching out to about 1,000 members. We are thankful that 16 members had come forward to volunteer at SLEC. A sum of \$1,400 in donations by individual church members was raised as well.

We are grateful to COS for the longstanding partnership throughout the years!

Find out how you can make an impact in the community by contacting us at hq@slec.org.sg today!



(L to R): Mr Roger Neo, Manager, TLCS, Ms Cindy Goh, Adviser, COS Children Ministry, Ms Petrina Tan, Senior Chaplain, SLEC Pastoral Care & Church Partnerships, and Mr Howard Wong, Manager, Communications and Partnerships posing for a photo at the lobby of COS's main worship hall.

TOUCHING LIVES — TELOK AYER CHINESE METHODIST CHURCH

Telok Ayer Chinese Methodist Church (TACMC) has been a partner of St Luke's ElderCare (SLEC) Telok Blangah Centre since 2012. The TACMC team, led by Mr Ho Ann Chuan, Local Church Executive Committee (LCEC) member and lay leader, conducts a variety of weekly engagement activities with the centre's elders that include sharing sessions, games, and celebrations among others.

The team also aids in organising outings, ensuring our elders' safety whilst engaging them at various Singapore landmarks like Gardens by the Bay, Jewel Changi Airport, Tiong Bahru Food Centre and many more. We are thankful for the care and concern they have shown towards our elders.

On Sunday, 10 November, we were invited to share to approximately 1,000 members from TACMC's English, Mandarin and Hokkien services about the lives touched through our collaboration and about our upcoming nursing home, SLEC Residence, in Ang Mo Kio, scheduled to operate in May 2020.

We are also grateful to the church for enabling us to raise approximately \$16,000 for our services, programmes, and outreach efforts through the annual fundraising for SLEC at both its premises at Telok Ayer Street and Wishart Road.

If you would like to support our programmes and services, please visit www.slec.org.sg/giving today.

FIRST EVER CHURCH PARTNERS FORUM

On Wednesday, 30 October, we organised our first ever Church Partners Forum at our St Luke's ElderCare (SLEC) main office. The meeting saw the senior leaderships of Bukit Batok Presbyterian Church, Bukit Panjang Gospel Chapel, Gospel Light Christian Church, Mt Carmel Bible Presbyterian Church, Pasir Panjang Hill Brethren Church, Sion Presbyterian Church, Telok Ayer Chinese Methodist Church, and Yio Chu Kang Chapel come together for a review of the activities that are taking place across the organisation.

The forum provided an opportunity for SLEC to share how we could serve as a resource for help and training on matters relating to caring for the elderly, discussion on SLEC's upcoming new nursing home, and pastoral care initiatives for both beneficiaries and staff.



From left: Elder Lee Hock Chew, Bukit Panjang Gospel Chapel; Pastor Kelvin Low, Bukit Panjang Gospel Chapel; Mr Ho Ann Chuan, Telok Ayer Chinese Methodist Church; A/Prof Kenny Tan, CEO, SLEC; Mr Gregory Lee, Director, Communications and Partnerships, SLEC; Pastor Rick Toh, Yio Chu Kang Chapel; Reverend Poh Siong Hoon, Sion Presbyterian Church; Mr Trevor Tan, Gospel Light Christian Church; Ms Petrina Tan, Senior Chaplain, SLEC; Pastor Chan Kwang San, Pasir Panjang Hill Brethren Church; Reverend Dr Chang Chian Hui, Bukit Batok Presbyterian Church; Mr Chia Hong Kuan, Mt Carmel Bible Presbyterian Church

ST LUKE'S ELDERCARE SERANGOON CENTRE REDEDICATION

On Thursday, 26 September, we were delighted to rededicate St Luke's ElderCare (SLEC) Serangoon Centre after the renovation works were completed. With the support of 4 partnering churches – Bethesda Church Bukit Arang, Paya Lebar Methodist Church, Trinity Methodist Church and Yio Chu Kang Chapel, pastors from the respective churches shared the word and said a prayer of thanksgiving and blessing for SLEC.

The event ended with a celebratory cake cutting and popping of the champagne together with A/Prof Kenny Tan, Chief Executive Officer of SLEC, Dr Lester Leong, Chief Operating Officer of SLEC and Mr Gregory Lee, Director of SLEC Communications and Partnership, and leaders of the partner churches.

We are truly thankful for the support we have been receiving from our church partners, and we look forward to continuing the fruitful and fulfilling journey for many more years to come.

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We thank God for the completion of renovation and expansion at SLEC Serangoon Centre and for the pastors who came and shared the Word and prayer of thanksgiving and blessing for SLEC. What a testimony of Christian unity for Kingdom work!

– A/Prof Kenny Tan

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EQUIPPING THE COMMUNITY

At St Luke's ElderCare (SLEC), we believe that training is crucial for the growth and development of our staff, volunteers and partners as they minister to our elders. As such, we endeavour to equip all our stakeholders with essential caregiving knowledge and skills.

In addition to conducting in-house training for our new hires, our volunteer team and in-house Workforce Skills Qualifications certified trainers have also been actively conducting training for our volunteers from all walks of life.

This year, the team trained a total of 152 volunteers from our partnering churches, corporates, and the community. As the needs of our community evolve, it is important for us to deepen the understanding of eldercare in the community, for the community.

Learn more about our programmes, services and volunteering opportunities by visiting www.slec.org.sg today!



Mr Vincent Teng, SLEC Trainer, Learning Hub guiding participants from Church of Singapore during their Level 1 Training.



Volunteers from New Creation Church posing for a photo after their Level 2 Training.

A HEART TO SERVE

Volunteers take on an integral role in the community. Unsure how you can begin? Fret not!

Training is available for all our volunteers. The training is conducted in 2 levels to equip volunteers with basic skills and knowledge regarding managing and communicating with an elder.

Level 1:

Learn basic elder communication skills

Acquire knowledge on ageing and range of mobility aides

Level 2:

Acquire knowledge and skills on moving and transferring elders, bed transfers

Learn to communicate with empathy

Learn to plan elder-friendly activities

We are always looking for more volunteers with different skills and interests (e.g. handicraft, balloon sculpting, photography etc.)

You can bring a smile to our elders. Find out more about volunteering at volunteer@slec.org.sg

LET US CONTINUE TO *pray for*



God's protection to be upon the elders, their caregivers, our staff, volunteers, donors and community partners.



Staff, caregivers and volunteers to be filled with wisdom, strength and love as they care for our elders throughout our various services.



More church partners to join us to touch lives for the Kingdom of God.



God's hand to guide us in wisdom and understanding as we prepare for the opening our St Luke's ElderCare Residence in 2020.