

# Touch of His Grace

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*As a Christian organisation, St Luke's ElderCare (SLEC) organises faith-based activities that promote the overall well-being of the elders.*

*Here are some personal stories and programme highlights of our church partners.*

# Touched by His Grace



Mr Lim Yong Hue

## Touched by His Word

by Mr Lim Yong Hue

At 80 years of age, Mr Lim joined SLEC @Telok Blangah Centre 7 months ago. After suffering a fall at home, the hospital detected a stone in his intestines and proceeded to surgically remove it. After his recovery, the hospital recommended that he joins an eldercare centre to be cared for and to prevent further injuries.

Mr Lim's faith began as a young boy, when he would attend church and listen to sermons. The weekly devotion sessions conducted by Chaplain Richard Woo reminds him of his younger years and holds a special place in his heart. During the weeks when these sessions were put on hold due to COVID-19, Mr Lim would ask for Richard and request that the Centre staff contact him.

Now, he enjoys singing Christian songs and finds the 'teachings' beneficial in his life. He shared in Mandarin, "I remember what the 'shifu' teaches us every week in my heart. It helps me control my temper and encourages me to help look after other elders at the centre".

We thank God for the power of His Word in touching hearts and transforming lives, regardless of age, language, and background. May we be encouraged to continue sharing His good news to all elders at SLEC centres!

“ We are thankful to God for the power of His words which have touched the hearts and transformed the lives of many elders. May we be encouraged to continue sharing His goodness to all elders! ”

-Ms Patricia Yeo



Ms Patricia Yeo

## Touched by His Spirit

by Ms Patricia Yeo

During their first engagement with the elders of St Luke's ElderCare Residence @Ang Mo Kio in 2021, Patricia and her team began their session at Household 6A at 10.00am. The group of 8 elders were cheerful and welcoming, excited to interact with the NCC volunteers. Patricia, who was in charge of running the flashcard games, said, "Initially, I wondered if the elders would be interested but I envisioned that with the team's help, they may be fun and responsive. Praise the Lord the vision came true!"

During her befriending sessions, an incident that deeply moved her was the encounter with Mdm Kim Eng. At first, she seemed to show no interest in the sessions, but when Patricia and her team began singing the Hokkien song, "Love Forever", they caught her looking at them intently. "At that moment, I knew God was touching her. She looked at me and said, 'you are a very good person', and it really melted my heart," Patricia shared. She also recounts that many elders seemed livelier and more responsive after their sessions, which warms her heart.

May we continue to depend on the Holy Spirit to work in the hearts of the elders as we share with them the goodness of God.



Mdm Chan Choon Kin

## Touched by His Love

by Mdm Chan Choon Kin

Her eyes water as she remembers her husband, who passed away 2 years ago. Mdm Chan recounts that she was constantly tired and unable to sleep when she lost her husband and had to rely on sleeping pills. Her depression also led to rapid weight loss which was causing concern.

Mdm Chan is a breast cancer survivor who joined SLEC @Hougang Centre 8 months ago under her doctor's recommendation. At SLEC, she gradually regained her weight, and was able to sleep well without medication.

Over the last 8 months, she re-discovered a love for life and developed interests through the Centre's diverse activities. While showing off her handicrafts, Mdm Chan describes how she would arrive at the Centre at 7.15am every morning to have breakfast with her new friends.

She shared, "I learnt many things here, including handicrafts and weekly 'teachings' by Church of Singapore and Paya Lebar Methodist Church." She related that a church nearby had also given her peace during her battle with cancer, and she hopes to speak with her children about her decision to place her faith in Christianity.

"St Luke's is like my second home! The staff here really love and care for us. I am so happy that I can now sleep without sleeping pills," she said. Listening to Mdm Chan's story, we marvel at God's grace as the Great Shepherd and how He uses His flock of believers to demonstrate His love and care to every one of His lost sheep.

P.S.: If you are wondering about Mdm Chan's purple hair, she was surprised that a gift from her friend turned out to be coloured shampoo! "But I like it very much! It makes me feel special!" she said.



Venue: Bishan AAH

## Bishan Active Ageing Hub Dedication Ceremony

SLEC's first Active Ageing Hub was opened in November 2021, at Bishan Streets 11 and 12. A dedication ceremony was held on 26 October 2021 to commit the premises, people, and programmes to the Lord. It was attended by key members of SLEC church partners, SLEC Board Members, management, and staff.

We thank God for the opportunity to partner with Adam Road Presbyterian Church and Zion Bishan Bible-Presbyterian Church, both long-time and active members of the Bishan community. This partnership will strengthen our outreach to the elders in the neighbourhood through day care, rehab services and active ageing activities such as group exercises, cooking classes, floral arrangement sessions, photography lessons, home visitations, and befriending.



Image: New Creation Church

## Church Partner Spotlight – New Creation Church

New Creation Church (NCC), a partner since 2018, supports our services in various ways. Their volunteers engage our elders through regular befriending, organising and sponsoring birthday celebrations, and donating gifts and essential items to various SLEC Centres. Over the past three years, NCC has also supported us through fundraising, contributing over \$80,000 towards SLEC programmes and services.

During the COVID-19 pandemic, the NCC team rapidly pivoted online to stay in touch with elders through hybrid online-onsite activities. They have also more than doubled the number of volunteers. We are thankful for their giving spirits and unwavering dedication to bringing joy to the elders at SLEC.



## Health Talks for Church Partners

As a Christian healthcare service provider, SLEC welcomes the opportunity to co-labour with churches in caring for their elder communities. We foster a culture of care and empower them to care for themselves and one another by equipping them with knowledge and skills.

In the last quarter of 2021, SLEC conducted talks via Zoom to Yio Chu Kang Chapel and Gospel Light Christian Church. The former was on active ageing and empowering seniors, and the latter was focused on caregiver issues and resources and fall prevention.

**Partner with us! To find out more about partnering with us in caring for our elders in the community, kindly email [pccp@slec.org.sg](mailto:pccp@slec.org.sg).**