

Touch of This Grace

As a Christian organisation, St Luke's ElderCare (SLEC) organises faith-based activities that promote the overall well-being of the elders.

Here are some personal stories and programme highlights of our church partners.

At St Luke's ElderCare, we enable our elders to live gracefully by caring for their physical, cognitive, socio-emotional, and spiritual health. Here are two of the stories.

For 5 years, Mdm Lim, 85, would walk over to SLEC @Golden Years Centre with her husband. But since he passed away last year, she has been visiting the centre by herself. She recalls fondly those times when they would look after each other and how they enjoyed the many activities together at the 'school.' Mdm Lim refers to the centre as 'school' and the care staff and SLEC partners as her 'teachers' as they not only care for her physical needs, but also provide lessons on mathematics, Chinese, and arts & craft. Some 'teachers', such as those from Wesley Methodist Church, would also engage her with their online singing, storytelling and games.

When Mdm Lim caught Covid recently, she became sad even though she was functioning well and had no complications. Staying in her bedroom and not being able to go to 'school' made her feel lonely and miserable. "I miss my friends and the teachers at school," she exclaimed, "It is so boring staying at home!"

With her easy-going nature and cheerful disposition, Mdm Lim is a favourite with her 'teachers.' She eagerly participates in all the games and activities despite her limited mobility. She loves taking and printing photographs to show off to her family. She also takes pride in her art & craft and brings them home as gifts for her grandchildren.

We see God's hand in protecting and providing for Mdm Lim! Not only does she have a family who cares for her, she also has a larger SLEC family who journeys with her in this season of her life.





During a health check-up at the eye clinic, Mdm Majorie discovered that she had a water bag with a growth in her left eye. Further scans confirmed that it was a condition called AMD (Age-related Macular Degeneration) which if not properly treated will cause blindness. The doctor recommended monthly injections to remove the water bag and the growth. As many sessions were required, the treatment could become costly. The cost of the procedure caused Mdm Majorie to worry, and she did not want to burden her children with the medical bills. She was also fearful if the procedure would be safe and lead to a successful outcome.

Worried and fearful, Mdm Majorie asked for prayers during Kopi Talk – a regular residence engagement programme organized by St Luke's ElderCare Bishan Active-Ageing Hub. Senior Chaplain, Jimmy Foong, attended to her and prayed with her. Following the prayer, her anxiety was lifted and replaced by a sense of peace. She was also grateful that care staff, Wendy Tan continued to follow up with her in prayers and with words of encouragement.

As Mdm Majorie began her treatment, her condition improved quickly, so much so that the doctor advised that the frequent injection was no longer necessary. Instead of going twice a month, she needed only go for the medical review once every 2 months. Mdm Majorie thanked God for the improvement in her eye and the peace she experienced. She also thanked Jimmy and Wendy for their care and encouragement.

Lutheran Church in Singapore

The Lutheran Church in Singapore has been partnering with SLEC since it opened one of its first senior care centres in Yishun in 2000.

We are grateful to the many pastoral staff and church members who have been faithfully coming alongside us to care for and journey with the elders in the Yishun community. We give thanks and praise to God for the enduring partnerships of care.

Wurch Rartner

LCS-SLEC Partnerships Over the Years

The LCS-SLEC partnership started since 2000





2002 LCS-SLEC 1st Anniversary Celebration

2008 LCS-SLEC Christmas Celebration

2009-2010

LCS-SLEC

2013 LCS-SLEC MOU Renewal

Yishun Lutheran Church Team at

SLEC Partner

Appreciation

Christmas at SLEC @Chong

Pang Centre

Christmas at SLEC @Chong Pang Centre

Devotional at

SLEC @Chong Pang Centre

SLEC Presentation

at LCS Church Leaders' Meeting

2018

SLEC!

2018

Evening

2019

2022

2022

2022





















Memorable Moments Providing social and supportive care to elders and caregivers in the north

LCS-SLEC Memorable Moments Ministry by LCS Members

LCS-SLEC Memorable Moments Intergenerational Engagements by LCS Members

> 2011 LCS-SLEC MOU Renewal

The Pastoral Care and Church

Partnerships department added two new staffs to the team in recent months. They are Ms Ho Yin Yin and Mr Alec Lim who joined as Chaplains. Read on to find out more about them.

Welcome, Alec and Yin Yin, to the SLEC family! Could you tell us a little about what you did before you join us at SLEC?



I was working as a pastoral staff in a church for the past 3 years after I completed my seminary studies. Before answering God's call to full-time ministry, I did regional marketing for several IT companies for more than 20 years.

I went into full-time theological studies at TCA college from 2018 and 2022. My last full-time job was as a Business Development Manager for a publishing company where I helped to set up the organization's E-commerce business, undertook events, sponsorship, and marketing tie-ups among other things.

ALEC

What prompted you to join SLEC as a Chaplain?



After 3 years serving as a pastoral staff in church, a thought that kept recurring in my mind was that service to God need not be confined to a church environment. So, I took some time off to seek His will. He then led me to St Luke's. Hearing about the mission of the organization as well as the passion of the people working there, the passage in Matthew 25:40 came to my mind, where Jesus said: 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.' So, I decided to obey His call and here I am today!

Prior to joining SLEC, I had the chance to choose to work at several commercial enterprises, but I turned them down as I did not feel that they were the places where God wanted me to be. What I really wanted was a place where I could share His love and disciple believers. I was looking for jobs from parachurches and NGOs. It was through a divine appointment that I was connected to SLEC through a brother from church who works as a Centre Manager here. As I sought the Lord, He opened the door for me to serve as a Chaplain, giving me the opportunity to help transform lives for His kingdom.

How has your experience been so far in SLEC?



The longer I work here, the more I realize that God has given to SLEC staff of many different gifts and talents. No one is here by coincidence, and everyone is driven by the same aim of delivering the best care for the elders. I am glad and privileged to be part of this family!

It has been an enjoyable experience so far and I am glad to be able to apply what I have learned from my church ministries at SLEC. I am also very blessed to have so many experienced colleagues around me to teach me and to share their experiences with me. ALEC

ALEC

It is interesting that you were both holding corporate jobs before. How did you make the decision to go into full-time ministry?

Pur Chaplains



para-church ministries for more than 10 years when God challenged me to go into full-time ministry. It was not an easy decision to make as I was at the peak of my career and making the switch would mean lifestyle changes for me as well as my family. But God's call was clear, and He has been preparing me several years beforehand. Little by little, God planted a yearning in my heart to spend more time in His work, rather than on my career. I began to experience a deep sense of peace and satisfaction in serving Him and His people, and my corporate experiences of management, public speaking and interpersonal relationships made more sense as they can also be put to effective use in ministry work.

I was actively serving in church and other

And as I made the decision to leave my career and enter seminary to prepare myself for full time ministry, God provided financially and emotionally for my family. I thank Him for leading me and confirming in His unique ways His will for my life.

In 2016, the Lord led me to take a one-year sabbatical from my ministry and during that time, He spoke to a friend of mine to bless me with an all-expenses-paid trip to the Holy Land. During the trip at Tabgha, Galilee - The place where Jesus reinstated Peter, I had an encounter with the Lord. It was during that encounter that I received the call to serve Him full-time. The words from the Lord were so clear asking me like how he had asked Peter in John 21 to feed His sheep. The Lord then confirmed this call on two other occasions during the trip.

When I returned home, I immediately signed up to study as a part time student in TCA College. In 2018, I took a leap of faith and resigned from my full-time job to go into full-time studies. During my time in seminary, I continued to seek the Lord and before I graduated in 2021, I had the confirmation from the Lord that the marketplace was where He wanted me to serve Him.

To find out more about partnering with us in caring for our elders in the community, kindly email pccp@slec.org.sg.